

## CDC Operationalized 1305 Performance Measure

Date: 12/18/2015

Measure ID: m\_2.3.16

**Performance Measure:** Percent of K-12 students who are overweight or obese (in the local education agencies targeted by FOA funding)

**Strategy:** Create supportive nutrition environments in schools

**Intervention (Enhanced only):** Implement policies and practices that create a supportive nutrition environment, including establish standards (including sodium) for all competitive foods; prohibit advertising of unhealthy foods; and promote healthy foods in schools, including those sold and served within school meal programs and other venues

Basic

Enhanced

Domain 2: Environmental Approaches that Promote Health

Domain 3: Health Systems Interventions

Domain 4: Community Clinical Linkages

Short Term

Intermediate

Long Term

AREAS	EXPLANATION
<b>Purpose of Performance Measure</b>	<ul style="list-style-type: none"> <li>The purpose of this performance measure is to determine the extent to which students promoting healthy eating in effort to reduce overweight or obesity (see CDC’s School Health Guidelines to Promote Healthy Eating and Physical Activity).</li> </ul>
<b>Results Statements</b>	<ul style="list-style-type: none"> <li>In the US, CDC funded grantees worked to reduce overweight or obesity among students.</li> </ul>
<b>Definition of Terms</b> ( <i>Key concepts defined</i> )	<p><b>Overweight</b> is defined as having excess body weight for a particular height from fat, muscle, bone, water, or a combination of these factors.</p> <p><b>Obesity</b> is defined as having excess body fat.</p>
<b>Unit of Analysis</b>	<ul style="list-style-type: none"> <li>Students</li> </ul>
<b>Intended/Targeted Population</b>	<ul style="list-style-type: none"> <li>K-12 students in the targeted LEAs.</li> </ul>
<b>Numerator</b>	<ul style="list-style-type: none"> <li>N/A</li> </ul>
<b>Denominator</b>	<ul style="list-style-type: none"> <li>N/A</li> </ul>
<b>Rate/Count/Percentage</b>	<ul style="list-style-type: none"> <li>Percent of students in grades 9-12 in targeted LEAs who are overweight or obese.</li> </ul>
<b>Disparities Focus</b>	<p><b>Approach related/specific:</b></p> <ul style="list-style-type: none"> <li></li> </ul>
	<p><b>Stratification:</b></p> <ul style="list-style-type: none"> <li></li> </ul>
<b>Data source(s)</b>	<p>The following data sources can/should be used to collect data for this measure:</p> <ul style="list-style-type: none"> <li>2015, 2017 Youth Risk Behavior Survey (2015 State and Local questionnaire, Q6-7) While this performance measure covers grades K-12 in the targeted LEAs, states will be expected to report, at a minimum, data for grades 9-12 using YRBS data. It also measures the percent of students who are overweight <b>and</b> obese.</li> <li>Body Mass Index (BMI) measurement conducted in elementary, middle, and high schools is also a potential data source. This percent value is a secondary data source for this performance measure and should be reported in a separate row from the</li> </ul>

	primary data source which is YRBS.
	<p><b>Not Appropriate:</b></p> <ul style="list-style-type: none"> <li>•</li> </ul>
<b>Frequency of Data Collection</b>	<ul style="list-style-type: none"> <li>• Biannually</li> </ul>
<b>References</b>	<ul style="list-style-type: none"> <li>• CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity <a href="http://www.cdc.gov/healthyschools/npao/strategies.htm">http://www.cdc.gov/healthyschools/npao/strategies.htm</a></li> <li>• National Institutes of Health, National Heart, Lung, and Blood Institute. Disease and Conditions Index: What Are Overweight and Obesity? Bethesda, MD: National Institutes of Health; 2010.</li> <li>• Krebs NF, Himes JH, Jacobson D, Nicklas TA, Guilday P, Styne D. Assessment of child and adolescent overweight and obesity. <i>Pediatrics</i> 2007;120:S193–S228.</li> </ul>
<b>Additional Information/Guidance</b>	<ul style="list-style-type: none"> <li>•</li> </ul>